

# 4CCN Newsletter

October 2012

4 Corners Community Nursery  
801 University Blvd., West, Silver Spring, MD 20901  
[www.4ccn.org](http://www.4ccn.org)



## October Dates:

October 4<sup>th</sup> & 5<sup>th</sup>

Tuition Due

Wednesday, October 17<sup>th</sup>  
Workshop

No School, Teacher's

Friday, October 19<sup>th</sup>  
closed

No School, MCPS

October 22 -26

Fall Consignment Sale

Tuesday, October 30

T/Th Halloween Celebrations

Wednesday, October 31

MWF & 5 day

Halloween Celebrations

## Tuition

The following is a list of the dates tuition is due. This list is also available in your information book which you received at Open House.

October 4 & 5

November 1 & 2

December 6 & 7

January 3 & 4

February 7 & 8

March 7 & 8

April 4 & 5

May - Paid at time of registration

Tuition for 3 day program is \$335.00/month, 2 day program \$275.00 and 5 day is \$455.00. We do not expect you to make a special trip to bring in your tuition if your child is sick. You may mail your tuition and the date of the postmark will be considered the date of payment. In other words, your check must be postmarked by the Friday the tuition is due.

**We encourage using electronic payments where your bank sends 4CCN a check on the first of each month October - April.**

### **Snacks**

The children will enjoy the following snacks in the month of October - Ritz crackers and peanut butter, pretzels and cheese, bagels and cream cheese, goldfish and juice, oatmeal cookies and apple sauce. A snack schedule is posted outside the school office as well.

### **Propping the Door**

**For the safety of everyone in the building, please do not prop open the front door unless a 4CCN staff member is present.** Please let anyone who picks up/drops off your child this as well. Children become separated from their parents and could wander into the street. The front door and the fire door into our space will be unlocked at drop off and pick up time. If the door is not yet unlocked, please ring the doorbell and we will unlock.

### **Information Book**

Please refer to your Information Book (blue) which you received at Open House for information on 4CCN. This includes tuition due dates, holiday schedule, and general policies of 4CCN.

### **Use of Names**

Here at 4 Corners Community Nursery we teach the children to address the teachers and all 4CCN staff with "Mr. or Mrs." and their last name. Parents and staff members are on a first name basis.

### **Fall Consignment Sale Info.**

The 4CCN fall consignment sale will take place the week of October 22<sup>nd</sup>. Traditionally, the sale has served as an important fundraiser for the school, this year even more so, and parents' help is critical to its success!

Intake days for consignors will be Monday morning/evening and Tuesday morning. The sale will take place Tuesday evening, Wednesday morning/evening and again

Thursday morning/evening. Thursday is half price day and Friday is cleanup day. Please spread the word when you are talking up our great event!

We would like to thank all of the parents for participating in the service hour process. Parental involvement in the fundraiser is critical to its success. We encourage parents, who have not already done so, to submit their service hour sign-up sheets ASAP with 1<sup>st</sup> & 2<sup>nd</sup> choices as the available hours are given on a first-come, first-served basis. Service hour sign up reminder forms will be sent home to you in your children's lunchboxes. Remember that parents who fulfill their obligatory service hours get to shop at the special "preview" sale, which is held on Tuesday, prior to the doors being open to the public.

If you have any suggestions or questions about the sale, please contact one of the sale co-chairs: Kelli Lesnak 301-801-2000 or Kelly Young 301-452-2507. They can both be reached at [consign4ccn@gmail.com](mailto:consign4ccn@gmail.com).

### **Washing Hands/Preventing Illness**

At 4CCN we wash hands several times a day to prevent the spread of illness. When your child comes home from school, please get into the habit of washing their hands to help prevent the spread of germs in your own home.

### **Playground Safety**

We encourage families to use the playground after school and would like to continue. Please be mindful of the school's rules which should be followed after school as well.

- No throwing mulch
- Go down slide only - do not allow the children to run up the slide
- No jumping of equipment
- No climbing the fence

**Parents, please supervise your children at all times. There are many age groups on the playground at once - please do not allow rough play.**

The Church has allowed 4CCN to lock the playground at the end of the day. If you are the last off the playground, please make sure the chain and pad lock are securely locked on the gate.

### **Halloween Celebrations**

Halloween is a fun time, but for young children who do not always understand the concept, it can be frightening. At 4CCN we will celebrate Halloween with simple

activities that do NOT include costumes. Our Tuesday/Thursday classes will celebrate Halloween on Tuesday, October 30<sup>th</sup> and Monday/Wednesday/Friday and 5-day 4's classes will celebrate on Wednesday, October 31<sup>st</sup>. Please check your classroom bulletin board for more information.

### **Let's Move! Child Care**

4 Corners Community Nursery has joined Let's Move! Child Care. It is an effort to promote children's health by encouraging and supporting healthier physical activity and nutrition practices for children. The 5 goals of Let's Move! Child Care are in the following areas:

1. Physical Activity - Provide 1-2 hours of physical activity throughout the day, including outside when possible.
2. Screen Time - No screen time for children under 2 years. For children aged 2 and older, strive to limit screen time. No more than 1-2 hours of quality screen time per day.
3. Food - Serve fruits and vegetables at every meal, eat meals family-style whenever possible, and don't serve fried foods.
4. Beverages - Provide access to water during meals and throughout the day and don't serve sugar-sweetened drinks. For children age 2 and older, serve low-fat (1%) or non-fat milk. No more than one 4-6 oz. serving of 100% juice per day.
5. Infant Feeding - Support all new parents' decisions about infant feeding.

For more information about Let's Move! Child Care, check their web site

[www.HealthyKidsHealthyFuture.org](http://www.HealthyKidsHealthyFuture.org)

More information about 4CCN's efforts with Let's Move! Child Care will follow.